



SHARDA  
UNIVERSITY  
— AGRA —



# SHARDA SCHOOL OF HUMANITIES

SSH ▶



## 2026-27

# HANDBOOK



www.agra.sharda.ac.in



## About Sharda School of Humanities

The academic programmes at the Sharda School of Humanities are thoughtfully designed to nurture well-rounded individuals equipped for the demands of a rapidly evolving global landscape, offering diverse pathways at undergraduate, postgraduate, doctoral, and diploma levels in Economics, Psychology, Political Science, English, Yoga & Mental Wellness, and Jain Sanskriti & Philosophy. Each programme combines strong academic foundations with practical relevance, ensuring students gain both knowledge and real-world skills. At the core of the school's approach is a commitment to holistic and future-ready education, driven by innovative pedagogy, outcome-based learning, and continuous academic engagement that foster critical thinking, creativity, and problem-solving abilities. The curriculum integrates interdisciplinary exposure and value-based education, enabling students to develop a broader perspective along with a strong ethical grounding. Beyond the classroom, the school emphasizes experiential learning through internships, industrial visits, live projects, and fieldwork opportunities, complemented by cross-cultural exchange programmes that build global awareness and adaptability. A vibrant campus environment supported by sports initiatives, student-led activities, and cultural events further enhances leadership, teamwork, and communication skills. To ensure overall well-being, students have access to practical laboratories and a dedicated counselling cell that promotes mental health, emotional resilience, and personal growth. Altogether, the Sharda School of Humanities provides a dynamic and supportive ecosystem where students evolve into confident, socially responsible, and industry-ready professionals, making education not just a degree, but a transformative journey toward meaningful impact.



**WORLD-CLASS**

**INFRASTRUCTURE**

## Our Team



**Dr. Soni Sharma**

Assistant Dean



**Dr. Jyoti Kulshreshtha**

Assistant Professor



**Dr. Hemlata Jain**

Assistant Professor



**Dr. Avneet Kumar Nim**

Assistant Professor



**Ms. Chancha Sharma**

Assistant Professor



**Mr. Jishan**

Assistant Professor

## PSYCHOLOGY

### **Decode Minds–Transform Lives– Build Meaningful Careers– Serve Humanity**

What drives human behaviour, and how do emotions shape decisions? In an age where mental health and behavioural understanding are more critical than ever, the undergraduate programme in Psychology offers both purpose and opportunity. It introduces students to the science of the human mind through a balanced integration of theory and hands-on learning, including labs, case studies, and real-world observation. The curriculum builds a strong foundation in cognitive processes, human development, social behaviour, and personality, while also training students in research methods and statistical tools to analyse behaviour scientifically. What distinctly differentiates the programme is its innovative teaching pedagogy, which combines experiential learning, case-based instruction, psychological labs, field exposure, and continuous mentoring to ensure practical understanding alongside conceptual clarity. Students engage in psychological testing, applied projects, and real-life behavioural analysis to address issues such as stress, motivation, and group dynamics. Alongside academic knowledge, the programme develops communication, empathy, critical thinking, and ethical awareness. Students are well-prepared for advanced specialization and diverse careers. A strong sports culture further enriches development, with sports quota students representing the university nationally and internationally, enhancing resilience, teamwork, and well-being.

## POLITICAL SCIENCE

### **Understand Power–Shape Policy– Lead Nation–Serve Nation**



If you have ever questioned how governments function, why nations rise and fall, or how global conflicts unfold, Political Science is not just a subject—it is your gateway to influence. The undergraduate programme immerses students in the dynamic world of governance, political thought, and international relations, enabling them to decode complex systems and engage with real-world political scenarios, policy debates, and strategic thinking. It builds a strong foundation in political theory while examining how institutions such as legislatures, executives, and international organizations operate in practice, supported by contemporary case studies. What distinctly sets the programme apart is its innovative teaching pedagogy, combining case-based learning, policy simulations, debates, and research-driven instruction with continuous mentoring and experiential field exposure. This approach ensures that students not only understand theory but actively apply it in real-world contexts. With a global outlook, the curriculum introduces diplomacy, geopolitics, and strategic studies, while emphasizing research, analytical writing, and data interpretation. Graduates develop critical thinking and policy analysis skills, opening pathways to careers in civil services, policy research, international organizations, political consulting, and academia. Moreover, a strong sports culture offers sports quota students opportunities to represent the university nationally and internationally, building leadership, discipline, and teamwork.

## ENGLISH

**Deeply-Think Critically-Write  
Powerfully-Communicate  
with Impact.**

In a world driven by communication, the ability to think critically and express ideas with clarity and impact is a defining advantage. The undergraduate programme in English is designed to cultivate this strength by transforming students into articulate thinkers, perceptive readers, and confident communicators. Moving beyond traditional literary study, it offers a dynamic engagement with diverse texts, cultures, and ideas across time and geography, including British, American, and Indian literature, along with contemporary areas such as cultural studies, media discourse, and creative writing. What distinctly sets the programme apart is its innovative teaching pedagogy, which blends close reading with workshop-based learning, writing labs, peer reviews, digital storytelling, and continuous mentoring to ensure both creative and analytical excellence. This interdisciplinary approach enables students to analyse narratives as both artistic expressions and reflections of social and political realities. Presentations, discussions, and exposure to media further refine communication skills. By the end, students develop critical insight and expressive capability for diverse careers. Moreover, sports quota students are encouraged to compete globally, fostering confidence, creativity, and discipline.



## ECONOMICS

**Master Markets-Interpret Data-  
Drive Decisions-Lead to  
Nation Growth**

Behind every policy, business strategy, and global shift lies the language of Economics, making this programme ideal for students who want to understand the world both theoretically and practically. The undergraduate curriculum builds a strong foundation in core areas such as microeconomics, macroeconomics, and development economics, enabling students to analyse how individuals, firms, and governments make decisions under conditions of scarcity and uncertainty. Alongside conceptual clarity, the programme emphasizes data analysis, statistical tools, and basic econometrics, equipping students to interpret real-world economic issues through evidence-based approaches. What sets the programme apart is its innovative teaching pedagogy, integrating case-based learning, data labs, simulation exercises, project-based assignments, and continuous mentoring to ensure strong conceptual clarity with real-world application. Its practical orientation, supported by engagement with current economic developments, allows students to address challenges like inflation, inequality, and sustainable growth. Exposure to emerging areas such as financial markets and digital economies enhances relevance. The programme also promotes a strong sports culture, offering sports quota students opportunities to compete nationally and internationally, fostering discipline, focus, and strategic thinking alongside academic excellence.



## PSYCHOLOGY

**Master Minds-Design Interventions-Transform Lives- Lead Human Well-Being**



As students advance into the postgraduate level, they move from understanding behaviour to actively influencing and shaping it in meaningful, measurable ways. The programme offers advanced theoretical depth combined with intensive practical training, enabling students to address complex psychological challenges across clinical, social, and organizational contexts. What distinctly sets the programme apart is its practice-oriented teaching pedagogy, integrating supervised clinical training, case-based learning, lab work, field immersion, and continuous mentoring to ensure real-world competence alongside conceptual clarity. With a strong focus on application, students are trained not only to interpret behaviour but also to design effective interventions that enhance individual well-being and organizational performance. The curriculum provides specialized pathways in Clinical, Counselling, Organizational, and Health Psychology, supported by internships and hands-on training in psychological testing. Students gain exposure across hospitals, schools, corporate environments, and counselling centres. Graduates emerge industry-ready, ethically grounded, and professionally skilled. Moreover, sports culture is integral, with sports quota students competing nationally and internationally, enhancing resilience, teamwork, and overall well-being.

## POLITICAL SCIENCE

**Decode Power-Design Policy- Drive Strategy-Lead Nations**

At the postgraduate level, the study of Political Science becomes sharper, more rigorous, and distinctly specialized, enabling students to move beyond foundational understanding to actively analysing and shaping political realities in a rapidly evolving global context. The programme emphasizes intellectual depth and professional competence, equipping students to engage with complex issues in governance, public policy, and international affairs with clarity and confidence. What distinctly differentiates the programme is its advanced teaching pedagogy, which integrates policy labs, simulation-based learning, research-driven instruction, case-method teaching, and close mentorship to ensure both theoretical mastery and real-world application. Strong focus is placed on research, analytical frameworks, and policy evaluation, while the curriculum incorporates contemporary themes such as global governance, geopolitics, and security studies. Experiential learning through strategic exercises, internships, and dissertation work enhances critical thinking and professional readiness. Graduates are prepared for impactful roles in diplomacy, governance, strategic affairs, policy research, and academia. Moreover, a strong sports culture offers sports quota students opportunities to compete nationally and internationally, fostering leadership, discipline, and teamwork.



## ENGLISH

**Interpret Texts. Challenge Ideas.  
Create Knowledge.  
Lead Cultural Discourse**



At the postgraduate level, the study of English evolves into a deeper and more rigorous engagement with theory, interpretation, and intellectual inquiry. The programme is designed for students who seek to move beyond basic analysis toward original thought, research, and creative expression. It offers an advanced exploration of literature in dialogue with critical theory, cultural studies, and contemporary media, enabling sophisticated engagement with texts. What distinctly set the programme apart are its innovative teaching pedagogy, integrating seminar-based discussions, research-led instruction, writing workshops, peer review, digital humanities tools, and continuous mentorship to foster both analytical depth and creative excellence. The curriculum emphasizes frameworks such as postcolonial studies and literary criticism while encouraging interdisciplinary connections with history, politics, and society. Creative and applied components, including media studies and film, enhance intellectual and expressive capabilities, while dissertations ensure originality and rigor. Graduates emerge as confident thinkers, skilled writers, and critical analysts, prepared for diverse roles. Moreover, sports quota students are encouraged to compete globally, fostering confidence, discipline, and overall personality development.

## ECONOMICS

**Economies-Decode Data-  
Shape Policy-Drive National  
Growth**

At the postgraduate level, the programme transforms students into specialists capable of analysing complex economic problems and designing effective, evidence-based solutions. Moving beyond foundational concepts, students engage with advanced econometrics, macroeconomic modelling, policy analysis, and financial systems, enabling them to interpret large datasets, forecast trends, and evaluate economic decisions with precision. What distinctly differentiates the programme is its data-driven and application-oriented teaching pedagogy, which integrates econometric labs, case-based learning, simulation exercises, research projects, and close mentorship to ensure practical competence alongside theoretical rigor. The curriculum bridges theory with real-world application, preparing students to operate at the intersection of data, decision-making, and strategy. Exposure to financial economics, development policy, international trade, and behavioural economics ensures global relevance. Through applied assignments, students address challenges such as inflation, inequality, and financial stability using modern analytical tools. Graduates emerge with strong analytical and policy skills, ready for careers in finance, consulting, government, and research. Moreover, sports quota students gain opportunities to compete nationally and internationally, building discipline, focus, and strategic thinking.



## Ph.D. Program



The Ph.D. program in Humanities is a prestigious and intellectually stimulating interdisciplinary research program that offers scholars an opportunity to explore the depth and diversity of human culture, thought, expression, and social experience. Encompassing disciplines such as English literature, languages, political science, and psychology, the program provides a dynamic platform for engaging with complex ideas, critical theories, and contemporary global issues. It is thoughtfully designed to cultivate advanced critical thinking, analytical reasoning, and research competencies, enabling scholars to examine historical, cultural, ethical, and societal dimensions through diverse theoretical frameworks and innovative methodologies. With a strong emphasis on originality and academic rigor, the program encourages scholars to undertake meaningful research that contributes to knowledge creation and addresses pressing challenges in an increasingly interconnected world. The curriculum supports interdisciplinary dialogue, fostering a holistic understanding of human behaviour, communication, governance, and cultural narratives. Scholars benefit from expert mentorship, access to research resources, and opportunities for academic collaboration, publication, and participation in national and international conferences. Graduates of the program are well-equipped to pursue rewarding careers in academia, research institutions, public policy, media, cultural organizations, and global sectors where critical insight and effective communication are highly valued.



## Diploma

The Postgraduate Diploma in Jain Sanskriti and Philosophy offers a rich and intellectually engaging exploration of one of the world's oldest living philosophical traditions. Rooted in the principles of non-violence (ahimsa), truth (satya), and ethical self-discipline, the programme introduces students to the cultural, spiritual, and philosophical depth of Jain thought while highlighting its relevance in contemporary life. The curriculum covers key areas such as metaphysics, epistemology, ethics, and cosmology, along with the study of canonical texts, Prakrit literature, and the contributions of Jain acharyas. What distinctly sets the programme apart is its immersive teaching pedagogy, combining textual analysis, discourse-based learning, comparative philosophy, field exposure, and guided research to ensure both conceptual depth and practical understanding. Students engage with foundational concepts like anekantavada and syadvada, developing critical reasoning and pluralistic perspectives. The programme also explores Jain art, culture, and historical evolution, linking tradition with global concerns such as sustainability and peace. Moreover, sports quota students receive opportunities to represent the university globally, promoting discipline, balance, and holistic development aligned with philosophical values.

# SCOPE

## Undergraduate

The undergraduate Honours programmes in Political Science, Psychology, English, and Economics are designed to prepare students for dynamic careers and higher academic pursuits in a rapidly evolving global environment. Political Science Honours develops analytical, governance, and policy-making skills for careers in civil services, public policy, international organizations, and strategic affairs. Psychology Honours equips students with an understanding of human behaviour, creating opportunities in mental health, counselling, HR, research, and behavioural analytics. English Honours enhances communication, creativity, and critical thinking, opening pathways in media, journalism, publishing, digital content creation, advertising, and education. Economics Honours builds strong analytical and quantitative abilities for careers in banking, finance, consulting, market research, corporate strategy, and public policy. Together, these programmes provide interdisciplinary knowledge, practical exposure, and a strong foundation for leadership, employability, and higher studies in India and abroad.



## Postgraduate

The postgraduate programmes in Political Science, Psychology, English, and Economics are designed to provide advanced academic knowledge, research expertise, and professional specialization for leadership-oriented careers. Political Science equips students for roles in public policy, governance, international relations, diplomacy, strategic affairs, and academia through advanced analytical and policy research skills. Psychology offers specialization in mental health, counselling, behavioural research, organizational psychology, and clinical support services, addressing the growing demand for psychological expertise across sectors. English develops advanced communication, literary analysis, and critical thinking abilities, preparing students for careers in academia, media, publishing, content strategy, corporate communication, and research. Economics strengthens quantitative, analytical, and policy evaluation skills for careers in finance, economic consulting, market research, public policy, development organizations, and data-driven decision-making. Collectively, these postgraduate programmes prepare students for research, professional excellence, leadership roles, and doctoral studies in India and abroad.



## Diploma

The diploma programmes in Jain Sanskriti & Philosophy and Yoga are designed to provide students with holistic knowledge, ethical understanding, and practical skills rooted in Indian wisdom traditions and wellness practices. The Diploma in Jain Sanskriti & Philosophy offers insights into Jain ethics, philosophy, culture, and values, preparing students for opportunities in teaching, cultural studies, heritage preservation, research, spiritual counselling, and community engagement. The Diploma in Yoga focuses on physical, mental, and emotional well-being through scientific and traditional yogic practices, opening career pathways in wellness centres, fitness industries, healthcare support, yoga instruction, and holistic lifestyle coaching. Together, these programmes promote personal growth, value-based learning, and professional opportunities in the fields of spirituality, wellness, education, and social development.



### Dr. Soni Sharma, Associate Professor Training Programme on Women Empowerment at THDCIL, Tehri

THDC India Limited, Tehri, has invited a two-day training programme on Women Empowerment to be conducted by Dr. Soni Sharma (Sharda University Agra) from 3rd-4th February 2026 at Dronacharya Hall, Bhagirathipuram.



### Training at Bank of India

Dr. Soni Sharma, Associate Professor at Sharda University Agra, recently conducted a specialized training session at Bank of India. The program focused on enhancing professional communication and language proficiency in banking operations.



### Dr. Avneet Kumar Nim Assistant Professor

Dr. Avneet visited the District Jail, Banda, Uttar Pradesh, as a guest speaker on 14 December 2025 on the invitation of the Senior Superintendent, District Jail, Banda.



# Why Choose at Sharda University Agra of Humanities?

## Industry-Relevant Curriculum

- NEP 2020 aligned and future-ready syllabus

## Practical Learning

Hands-on exposure through:

- Policy analysis projects
- Research assignments
- Field studies

## Research Exposure

- Research methodology training
- Academic writing
- Data analysis
- Research Projects and Dissertation

## Career-Focused Learning

Prepare for careers in:

- Policy Research
- Journalism and Media
- Counselling
- Academia and Teaching
- Corporate Professionals

## Community Engagement

Real-world exposure through:

- Governance awareness programs
- Community research projects

## Experiential Learning Opportunities

Students benefit from:

- Policy Analysis Workshops
- Seminars and Conferences
- Field Visits and Institutional Exposure
- Every Year Internships Opportunity



• Glances of Departmental Activities



Fresher's Party •



• Awareness Program on Mental Health Day



Project Based Learning •



**SHARDA**  
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**Industrial Visit**



**Psychology Practical**

**Debate Competition**



**Awareness Program on Nasha Mukti Abhiyaan**



**Counselling**



**Mentor-Mentee Meeting**



**Parent-Teacher Meeting**



**Experiential Learning**



**Research Based Learning**



**Board of Studies**

**Sports**



**Student Presentation**

Follow us:      

18 Km. Stone, Agra-Delhi Highway (NH-19), Keetham, Agra, UP-282007

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